

One associational study grouping had a total of 1 outcome (short-term, intermediate, or long-term), including 1 positive, 0 negative, and 0 neutral associations.

**Environment and Policy Indicators**

**Presence of School Wellness Policies**  
*(e.g., physical activity and nutrition components incorporated into school standards)*

**Short-term Outcomes\*\***

1 **+** 0 **x** 0 **-**

**Intermediate Outcomes**

**More Physical Activity**  
Minutes of physical education per day  
1 **+** 0 **x** 0 **-**

**Long-term Outcomes**

**Less Overweight and Obesity**  
(No Studies)

**Key:**  
⊕ Positive Association  
⊗ No Association  
⊖ Negative Association

\*\*No short-term outcomes reflected in the peer-reviewed literature.

School Wellness Nutrition results can be found in the strategy School Wellness Policies (Nutrition).

**Figure 25B: School Wellness Policies (Physical Activity)**